History and review of records

Alex Testcase / Claim SYN-2024-001 / Fictional sample

Clinical chronology

March 12, 2024

The worker reported lumbar pain after the February 1 lifting incident and denied prior back injury.

Progress note for low back pain radiating to the left leg after lifting at work; lumbar MRI ordered · Sunrise Spine & Pain Clinic · Mar 12, 2024 · packet p. 3

March 28, 2024

The MRI described an L4-L5 disc protrusion contacting the left L5 nerve root.

Lumbar MRI without contrast: L4-L5 protrusion contacting the left L5 nerve root · Bayview Imaging Center · Mar 28, 2024 · packet p. 4

May 06, 2024

A left L4-L5 transforaminal epidural steroid injection was performed. Post-procedure pain decreased from 7/10 to 3/10.

Procedure note for left L4-L5 transforaminal epidural steroid injection · Sunrise Spine & Pain Clinic · May 06, 2024 · packet p. 5

June 10, 2024

The follow-up records walking and driving limits and continued modified duty. Its pronouns vary; verify identity and attribution.

Post-injection functional history: walking limited to two blocks, driving to 20 minutes · Jun 10, 2024 · packet p. 2

June 10, 2024

The worker reported approximately 50% relief after the injection, pain 4/10, and continued modified duty.

Post-injection follow-up: about 50% relief reported; modified duty continued · Sunrise Spine & Pain Clinic · Jun 10, 2024 · packet p. 6

Physician review

Questions to resolve

The packet records a denial of prior back injury, but it does not independently establish whether a prior injury occurred. Do not infer causation or apportionment from these examples.

Progress note for low back pain radiating to the left leg after lifting at work; lumbar MRI ordered · Sunrise Spine & Pain Clinic · Mar 12, 2024 · packet p. 3

The duplicate MRI repeats the original report. The functional history uses inconsistent pronouns and requires confirmation of attribution.

Duplicate of the lumbar MRI report on packet p. 4: left L5 nerve root contact · Bayview Imaging Center · Mar 28, 2024 · packet p. 7

Lumbar MRI without contrast: L4-L5 protrusion contacting the left L5 nerve root · Bayview Imaging Center · Mar 28, 2024 · packet p. 4

Post-injection functional history: walking limited to two blocks, driving to 20 minutes · Jun 10, 2024 · packet p. 2

Sections for the evaluating physician

Examination findings, causation, apportionment, and impairment or maximum medical improvement remain for the physician to complete.

Source index

Select a record title to open its page in the seven-page fictional packet. Page references use PDF viewer numbering.

Defense letter requesting review of the lifting incident, MRI and prior lumbar injury · Law Offices of North Shore Defense · packet p. 1

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